





October 2023 Lunch Menu



South Jefferson Central School District

Pre-K - 12th Grade

Monday	Tuesday	Wednesday	Thursday	Friday	
2	3	4	5	6	Meal Prices
Cheeseburgers on a Bun French Fries Veggies w/ Dip Chilled Fruit Milk	Meatball Subs Marinara Whole Grain Chips Green Beans Chilled Fruit Milk	Toasted Cheese Tomato Soup Goldfish Crackers Veggies w/ Dip Chilled Fruit Milk	Nachos Whole Grain Chips Let/Tom/Cheese Sour Cream/Salsa/Queso Chilled Fruit Milk	Homemade Pizza House Salad 100% Juice Chilled Fruit Milk	Breakfast: PK-5 - \$.90 MS/HS - \$1.30 Lunch: PK-5 - \$2.30 MS/HS - \$2.85
9	10	11	12	13	Ala Crate:
No School 	BBQ Chicken Sandwich Whole Grain Chips Veggie Sticks w/ Dip Chilled Fruit Milk	Ham and Cheese Croissants Tomato Soup Goldfish Veggies w/ Dip Chilled Fruit Milk	Chicken Bowl Popcorn Chicken Mashed Potatoes w/ Gravy Corn Chilled Fruit Milk	Pan Pizza House Salad 100% Juice Chilled Fruit Milk	All Buildings Milk- \$.50 Ice Cream- \$.50 PK- 5th Ice Cream only on Fridays MS/HS Ala Crate items \$.50-\$5.00
16	17	18	19	20	
Orange Chicken Steamed Rice Steamed Veggies Chilled Fruit Milk	Spaghetti and Meatballs Green Beans Chilled Fruit Milk Homemade Garlic Bread	Toasted Cheese Tomato Soup Goldfish Crackers Veggies w/ Dip Chilled Fruit Milk	Shepherds Pie Mashed Potatoes Corn Chilled Fruit Milk	Stuffed Crust Pizza House Salad 100% Juice Chilled Fruit Milk	 Please note: All menus are subject to change*



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Monday	Tuesday	Wednesday	Thursday	Friday	Soup of the Day
23	24	25	26	27	
PK-5 Chicken Nuggets 6-12 Chicken Strips French Fries Veggies w/ Dip Chilled Fruit Milk	Hofmann Hotdog on a Bun Mac and Cheese Veggies w/ Dip Chilled Fruit Milk	Ham and Cheese Croissants Tomato Soup Goldfish Veggies w/ Dip Chilled Fruit Milk	Cook's Choice Will be announced October 18th	Italian Dunkers House Salad 100% Juice Chilled Fruit Milk	<i>Homemade Soups for 6-12th Grade</i> Monday: Chicken Tuesday: Cream Wednesday: Tomato Thursday: Locally Soucred Friday: Chef's Choice
30	31	1	2	3	Notes:
Waffles Hasbrowns Sausage Links Chilled Fruit Milk	Chicken Patty on a Bun Whole Grain Chips Veggies w/ Dip Chilled Fruit Milk	Toasted Cheese Tomato Soup Goldfish Crackers Veggies w/ Dip Chilled Fruit Milk	Soft Tacos Tater Tots Lettuce/Tomato/Cheese Chilled Fruit Milk	Homemade Pizza House Salad 100% Juice Chilled Fruit Milk	<i>Gluten/Dairy Free Menus available by request only.</i> Reach out to Mrs. Mackey at 315-232-4519 Salad Bar is now open and available to 9th-12th graders

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