

September 2023 Lunch Menu



South Jefferson Central School District

Pre-K - 12th Grade

Monday	Tuesday	Wednesday	Thursday	Friday	
				1	Meal Prices
					D 116 11
					Breakfast:
					PK-5 - \$.90
					MS/HS - \$1.30
					Lunch:
					PK-5 - \$2.30
					MS/HS - \$2.85
4	5	6	7	8	Ala Crate:
					All Buildings
* * * *		Toasted Cheese	Soft Tacos	Homemade Pizza	Milk- \$.50
* * *		Tomato Soup	Tater Tots	House Salad	Ice Cream- \$.50
Yakor (Day)		Goldfish Crackers	Let/Tom/Cheese	100% Juice	PK- 5th Ice Cream only
Tuon C Our		Veggies w/ Dip	Chilled Fruit	Chilled Fruit	on Fridays
		Chilled Fruit	Milk	Milk	MS/HS
Or The Comment of Comm		Milk			Ala Crate items
		First Day of School			\$.50-\$5.00
11	12	13	14	15	Notes:
					Gluten/Dairy Free Menu
French Toast Sticks	Fish Sticks	Ham and Cheese	Beef Nachos	Pan Pizza	available by request only
Hashbrowns	Mac and Cheese	Croissants	Whole Grain Chips	House Salad	Reach out to Mrs.
Sausage Links	Veggies w/ Dip	Tomato Soup	Let/Tom/Cheese	100% Juice	Mackey at 315-232-4519
Chilled Fruit	Chilled Fruit	Goldfish	Sour Cream/Salsa/Queso	Chilled Fruit	
Milk	Milk	Veggies w/ Dip	Chilled Fruit	Milk	Salad Bar is now open
		Chilled Fruit	Milk		and available to
		Milk	<u> </u>		9th-12th graders



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Monday	Tuesday	Wednesday	Thursday	Friday				
18	19	20	21	22	Soup of the Day			
					Homemade Soups for			
Chicken Bacon Poutine	Orange Chicken	Toasted Cheese	Sloppy Joes	Stuffed Crust Pizza	6-12th Grade			
Diced Chicken, Bacon Bits	Steamed Rice	Tomato Soup	Onion Rings	House Salad	Monday: Chicken			
Cheese, Gravy	Mixed Veggies	Goldfish Crackers	Buttered Corn	100% Juice	Tuesday: Cream			
French Fries	Chilled Fruit	Veggies w/ Dip	Chilled Fruit	Chilled Fruit	Wed:Tomato			
Veggie w/ Dip	Milk	Chilled Fruit	Milk	Milk	Thursday: Locally Sourced			
Chilled Fruit		Milk			Friday: Chef's Choice			
Milk								
25	26	27	28	29				
Chicken Gravy w/ Mixed Veggies Mashed Potatoes Chilled Fruit Milk	Penne Pasta w/ Meatballs Marinara Green Beans Chilled Fruit Milk Homemade Bread	Ham and Cheese Croissants Tomato Soup Goldfish Veggies w/ Dip Chilled Fruit Milk	Cooks's Choice Will be announced September 20th	Italian Dunkers House Salad 100% Juice Chilled Fruit Milk	Food& Varilion SERVICES Please note: All menus are subject			
					to change*			

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