



September 2019 Lunch Menu



South Jefferson Central School District
Pre-K - 12th Grade

Monday	Tuesday	Wednesday	Thursday	Friday	
September 2	September 3	September 4	September 5 Day 1	September 6 Day 2	Alternate Choices: K-8
No School 	No School 	No School 	Take-Along-Taco Shredded Cheese Grape Tomato Nacho Chips Chilled Fruit	Hamburgers and Hotdogs Carrot Sticks and Dip Chips Rice Krispy Treats Milk Wilson- Cookout	Sunbutter To-Go Salad To-Go 6-12 Grab and Go Line 9-12 Yogurt To Go K-8 Peanut Butter and Jelly K-12
September 9 Day 3	September 10 Day-4	September 11 Day 5	September 12 Day 6	September 13 Day 1	Meal Prices:
Chicken Pattie on a Bun Lettuce & Tomato Cucumber Slices Pasta Salad Chilled Fruit Milk	Fish Sandwich PK-5 Fish Taco 6-12 Lettuce & Tomato Coleslaw Tater Tots Chilled Fruit Milk	Toasted Cheese Sandwich Tomato Soup House Salad Chilled Fruit Milk	French Toast Sticks Hash Brown Bites Cheese Stick PK-12th Sausage Links 9-12th Cucumber Coins Chilled Fruit Milk	Homemade Pizza Veggie Sticks and Dip Chilled Fruit Milk	<i>Breakfast:</i> PreK-5th Grade- \$0.90 6-12th Grade \$1.30 <i>Lunch:</i> PreK-5th Grade \$2.30 6-12th Grade \$2.85
September 16 Day 2	September 17 Day 3	September 18 Day-4	September 19 Day 5	September 20 Day 6	Soup of the Day
Cheeseburger on a Bun Lettuce & Tomato French Fries Pork & Beans Chilled Fruit Milk	Chicken and Cheese Quesadilla Salsa & Sour Cream Lettuce & Tomatoes Chilled Fruit Milk	Spaghetti and Meatballs Green Beans Homemade Rolls Chilled Fruit Milk	Pulled Pork on a Bun French Fries Pork & Beans Chilled Fruit Milk	Stuffed Crust Pizza Veggie Sticks and Dip Chilled Fruit Milk	<i>Homemade Soups for Middle and High School</i> <i>Monday: Chicken</i> <i>Tuesday: Cream</i> <i>Wednesday: Tomato</i> <i>Thursday: Locally Sourced</i> <i>Friday: Chef's Choice</i>



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Monday	Tuesday	Wednesday	Thursday	Friday	
September 23 Day 1	September 24 Day 2	September 25 Day 3	September 26 Day 4	September 27 Day 5	Soup of the Day
Hotdog on a Roll Macaroni and Cheese Celery Sticks Chilled Fruit Milk	Maple Burst Pancakes Hash Brown Bites Cheese Stick PK-5Th Sausage Links 9-12th Cucumber Coins Chilled Fruit Milk	Toasted Ham and Cheese Tomato Soup House Salad WG Chocolate Chip Cookie Chilled Fruit Milk	Chicken Nuggets Sweet Corn Mashed Potatoes Homemade Bread Chilled Fruit Milk	Italian Dunkers Marinara Sauce Veggie Sticks and Dip Chilled Fruit Milk	<i>Elementary Soup Options:</i> Tuesday: Chicken Noodle Wednesday: Tomato Thursday: Vegetable
September 30 Day 6	October 1 Day 1	October 2 Day 2	October 3 Day 3	October 4 Day 4	Ala' Cart Prices:
Chicken Parmesan Sandwich Mozzarella Cheese Marinara Sauce Fresh Veggies Chilled Fruit Milk	Soft Shell Beef Taco Shredded Cheese Lettuce and Tomato Tater Tots Chilled Fruit Milk	Cheese Stuffed Breadsticks Tomato Soup House Salad Chilled Fruit Milk	Chicken Alfredo Seasoned Pasta Roasted Broccoli Chilled Fruit Milk <i>Ice Cream Included with Purchased Meal</i>	Personal Pan Pizza Veggie Sticks and Dip Chilled Fruit Milk	Sides: \$0.50- \$1.00 Ice Cream: \$0.50 (Offered Friday's Only K-5) Milk: \$0.50

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